

Throwing The Elephant Zen And The Art Of Managing Up

A social and business satire features a high-level corporate executive whose spirit and sanity begin to falter after he is tasked with increasing productivity by any means necessary

Robert Harbert, better known as Harb, is Executive Vice President in Charge of Total Quality. CaroleAnne Winter is the assistant who runs his life. But even Harb can't ignore that CaroleAnne's behavior is increasingly peculiar. At the same time, the vagaries of corporate power shift, and suddenly, both Harb and his Total Quality mandate are vulnerable. It's at this moment that CaroleAnne levels a stunning charge: that she has been the target of an organized campaign of sexual harassment from her first days at the company. The investigation she demands will reach to the highest levels of the corporation—and at its center, she insists, must be the greatest offender of all: Harb.

In this landmark guide to the spiritual journey, respected Zen teacher and psychotherapist John Tarrant brings together ancient Eastern traditions and the Western passion for the soul. Using real-life stories, Zen tales, and Greek myths, *The Light Inside the Dark* shows how our darkest experiences can be the gates to wisdom and joy. Tarrant leads us through the inevitable descents of our journey—from the everyday world of work and family into the treasure cave of the interior life—from which we return with greater love of life's vivid, common gifts. Written with empathy and a poet's skill, *The Light Inside the Dark* is the freshest and most challenging work on the soul to be published in years.

From the mind of the ultimate corporate gunslinger comes this no-nonsense, real-world Curriculum, designed to augment—if not replace—the more traditional path to achieving mastery of the business universe. Conquer this sharp, practical and often amusing course of study and save \$250,000 of wasted business school tuition. Unlike those august, Ivy-encrusted factories that churn out masterful business administrators, *The Curriculum* will teach you the art of business, employing a smart, tactical battle plan that will prove infinitely more awesome as you make your way in the world. We begin, in the Core Curriculum, with the acquisition and maintenance of Power. Included are such essentials as Not Appearing Stupid (an early career requirement), Fabricating A Sustainable Business Personality, and the arts of Management and Selling. The Advanced Curriculum hones the skills that are required to seize Success by the throat and shake it until valuable prizes fall out of its pockets, including fundamentals on Strategic Thinking, Self-Branding, mastering Electronic Communications, and dealing with Crazy People. Tutorials and Electives, which students may pursue as their interest or discretion advises, include lessons on Giving an Effective Presentation, Business Drinking, and the Care and Feeding of Ultra-Senior Officers. Lavishly enhanced with numerous charts, graphs, and other illuminating business illustrations, and backed up by years of study from Mr. Bing's proprietary research organization (The National Association of Serious Studies),

The Curriculum will occupy a place of pride on any bookshelf dedicated to the study of business, how it works, and how it can be used against those who don't know how it works.

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An ancient mogul has bought the power to live forever, but the strong young body he plans to inhabit has other ideas. The battle for immortal life begins in Stanley Bing's "stimulating, satirical and perhaps even visionary novel" (Wall Street Journal). Immortal life. A fantasy, an impossible dream—or is it? The moguls of Big Tech are pouring their mountain of wealth into finding a cure for death and they are determined to succeed. None of these titans is richer than Arthur Vogel. The inventor, tech tycoon, and all-round monster has amassed trillions of dollars and rules over a corporate empire stretching all the way to Mars. The newest—and most expensive—life extension technology has allowed him to live to 127 years, but time is running out. His last hope to escape the inevitable lies with Gene, a human specifically created for the purpose of housing Arthur's consciousness. The plan is to discard his aged body and come to a second life in a young, strong host. But there's a problem: Gene. He may be artificial, but he is a person—and he has other ideas. As Arthur sets off to achieve his goal of world domination, Gene hatches a risky plan of his own. The forces against him are rich, determined, and used to getting what they pay for. The battle between creator and creation is heightened as the two minds wrestle for control of one body. Mixing brisk action, humor, and wicked social commentary, author Stanley Bing has crafted "an engaging and cautionary tale about the direction in which spaceship Earth is hurtling" (USA Today). Welcome to a brave new world that is too familiar for comfort—and watch the struggle for humanity play out to the bitter end.

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

If an elephant stomps on your head and there is no one around to see it, did it stomp on your head at all? The answer is yes, if that elephant is your boss. Can anything be done about these enormous, gray, and sometimes smelly beasts? The answer is yes, if you know Business Zen. For thousands of years, Zen

masters have plumbed the secrets of the universe while wearing comfortable clothing. Now you, too, can learn the wisdom of the ancients and win valuable prizes. It may be easier than you dare to imagine. Don't you already spend a good part of your day sitting and thinking about nothing for hours on end? That's Zen! You're already doing it! The author offers the nicest possible way to manipulate one's executive elephant to achieve enlightenment--and power. Many 'Change Management' initiatives end in fiasco, because they focus on processes and systems only and because they are based on wrong assumptions. But there is no change unless the change is behavioral. Viral Change™ will debunk these myths and show that, in Viral Change™ mode, people talk less about 'the programme' and do more in a way that infects other people, creating 'tipping points' where the new behaviors and the new changes become visible and sustainable. In short, Viral Change™ uses the networks of influence which are often below the radar of the organization chart to create internal infections of success. In this second revised edition, the author has further elaborated on influence mechanisms as well as added further insights with regard to viral leadership. These insights are firmly rooted in the author's own practical experience of successfully implementing and practicing Viral Change with his clients. The second revised edition of Viral Change™ will appeal to any reader who is interested in how organizations are rapidly evolving today and how understanding internal social networks is changing the way we should lead and manage. Viral Change is now more than ever THE manager's handbook on how to create sustainable change in organizations.

Zentangle(R) is an easy-to-learn method of pattern drawing that reduces stress while promoting creativity. This book will introduce readers to the basic theory of Zentangle and provide instructions for drawing over 100 tangle patterns from such Certified Zentangle Teachers as Suzanne McNeill, Sandy Steen Bartholomew, and Marie Browning. This beautiful book is filled with examples of Zentangle drawings as well as other art projects and compelling stories from those who have improved their well-being through Zentangle.

Based on the popular blog of the same name, *Dancing With Elephants* includes insightful interviews with chronic disease experts Toni Bernhard, Lucy Kalanithi, and Patch Adams. Sawatsky's landmark book provides support that only a fellow traveler down this road can offer. If you like touching stories, mindful wisdom, and a touch of irreverent humor, then you'll love Sawatsky's life-changing book.

Start Where You Are is a full-colour, passion-inspiring journal designed to help readers nurture their creativity, explore their feelings and focus on what matters most. Featuring vibrant hand-lettering and watercolour illustrations, it pairs inspiring quotes with supportive prompts and exercises to spark reflection through writing, drawing, chart-making and more. As beautiful as it is useful, *Start Where You Are* will make a perfect gift and keepsake as well as a powerful tool for positive change.

An irreverent guide to decorating explains how to transform one's bland, boring, office cubicle into a truly fabulous space, offering a collection of inspirational cubicle designs for every taste, including the Garden Cube, the Cabin Cube, the CEO Cube, the Hip-Hop Cube, and other eye-popping examples. Original. 25,000 first printing.

While observing exotic animal trainers for her acclaimed book *Kicked, Bitten, and Scratched*, journalist Amy Sutherland had an epiphany: What if she used these training

techniques with the human animals in her own life—namely her dear husband, Scott? In this lively and perceptive book, Sutherland tells how she took the trainers' lessons home. The next time her forgetful husband stomped through the house in search of his mislaid car keys, she asked herself, "What would a dolphin trainer do?" The answer was: nothing. Trainers reward the behavior they want and, just as important, ignore the behavior they don't. Rather than appease her mate's rising temper by joining in the search, or fuel his temper by nagging him to keep better track of his things in the first place, Sutherland kept her mouth shut and her eyes on the dishes she was washing. In short order, Scott found his keys and regained his cool. "I felt like I should throw him a mackerel," she writes. In time, as she put more training principles into action, she noticed that she became more optimistic and less judgmental, and their twelve-year marriage was better than ever. What started as a goofy experiment had such good results that Sutherland began using the training techniques with all the people in her life, including her mother, her friends, her students, even the clerk at the post office. In the end, the biggest lesson she learned is that the only animal you can truly change is yourself. Full of fun facts, fascinating insights, hilarious anecdotes, and practical tips, *What Shamu Taught Me About Life, Love, and Marriage* describes Sutherland's Alice-in-Wonderland experience of stumbling into a world where cheetahs walk nicely on leashes and elephants paint with watercolors, and of leaving a new, improved *Homo sapiens*.

This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

A hilarious and tough-minded guide to winning the war of contemporary life. We live in a vicious, highly competitive workplace environment, and things aren't getting any better. Jobs are few and far between, and people aren't any nicer now than they were when Ghengis Khan ran around in big furs killing people in unfriendly acquisitions. For thousands of years, people have been reading the writings of the deeply wise, but also extremely dead Chinese philosopher Sun Tzu, who was perhaps the first to look on the waging of war as a strategic art that could be taught to people who wished to be warlords and other kinds of senior managers. In a nutshell, Sun Tzu taught that readiness is all, that knowledge of oneself and the enemy was the foundation of strength and that those who fight best are those who are prepared and wise enough not to fight at all. Unfortunately, in the current day, this approach is pretty much horse hockey, a fact that has not been recognized by the bloated, tree-hugging Sun Tzu industry, which churns out mushy-gushy pseudo-philosophy for business school types who want to make war and keep their hands clean. Sun Tzu was a Sissy will transcend all those efforts and teach the reader how to make war, win and enjoy the plunder in the

real world, where those who do not kick, gouge and grab are left behind at the table to pay the tab. Students of Bing will be taught how to plan and execute battles that hurt other people a lot, and advance their flags and those of their friends, if possible. All military strategies will be explored, from mustering, equipping, organizing, plotting, scheming, rampaging, squashing and reaping spoils. Every other book on The Art of War bows low to Sun Tzu. We're going to tell him to get lost and inform our readers how real war is currently conducted on the battlefield of life.

In the tales that make up *The Elephant Vanishes*, the imaginative genius that has made Haruki Murakami an international superstar is on full display. In these stories, a man sees his favorite elephant vanish into thin air; a newlywed couple suffers attacks of hunger that drive them to hold up a McDonald's in the middle of the night; and a young woman discovers that she has become irresistible to a little green monster who burrows up through her backyard. By turns haunting and hilarious, in *The Elephant Vanishes* Murakami crosses the border between separate realities—and comes back bearing remarkable treasures. Includes the story "Barn Burning," which is the basis for the major motion picture *Burning*.

What Would Machiavelli Do? He would feast on other people's discord He wouldn't exactly seek the company of ass-kissers and bimbos, but he wouldn't reject them out of hand, either He would realize that loving yourself means never having to say you're sorry He would kill people, but only if he could feel good about himself afterward He would establish and maintain a psychotic level of control He would use other people's opinions to sell his book!

A collection of three hundred koans compiled by Eihei Dogen, the thirteenth-century founder of Soto Zen in Japan, this book presents readers with a uniquely contemporary perspective on his profound teachings and their relevance for modern Western practitioners of Zen. Following the traditional format for koan collections, John Daido Looi Roshi, an American Zen master, has added his own commentary and accompanying verse for each of Dogen's koans. Zen students and scholars will find *The True Dharma Eye* to be a source of deep insight into the mind of one of the world's greatest religious thinkers, as well as the practice of koan study itself.

What Are You Waiting For? Looking for a guidebook that isn't full of tired, lame, or even BS travel information? *101 Places to Get Fucked Up Before You Die* brings together the most irreverent and legit accounts of drinking, nightlife and travel culture around the world. Part guide, part social commentary, part party invitation, *101 Places* gives you all the info and inspiration you'll need to: * Blowout one (or several) of the year's biggest festivals * MacGyver your way into underground clubs and backcountry raves * Throw down with people from the Himalayas to the salt flats to Antarctica * Travel in every conceivable style—from baller to dirtbag—to some of the most epic spots on earth Do you really know where to go out in San Francisco or Tel Aviv? How about preparing for Burning Man or Oktoberfest? The award-winning journalists and photographers at Matador Network let you know what's up at each spot, whether it's drug policies,

how to keep safe, special options for LGBT travelers, or simply where to find the kind of music you like to dance to. No matter if you want to rage at Ibiza or just chill on some dunes smoking shisha, 101 Places has something for you. So, hop a flight, raise a glass, and join us as we breach security, ride ill-recommended ferries, and hike miles into the wilderness all in search of the parties and places going off right now.

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

Through the eyes of a distinctly non-athletic protagonist—a fat high school journalist named Mitch—veteran sports novelist Deuker reveals the surprising truth behind a mysterious football player named Angel. When Angel shows up Lincoln High, he seems to have no past—or at least not one he is willing to discuss. Though Mitch gets a glimpse of Angel's incredible talent off the field, Angel rarely allows himself to shine on the field. Is he an undercover cop, wonders Mitch? Or an ineligible player? In pursuit of a killer story, Mitch decides to find out just who this player is and what he's done. In the end, the truth surprises everyone.

The definitive collection of thoughts, assaults, and hilarious observations from America's premier business humorist and bestselling author of *Throwing the Elephant* and *What Would Machiavelli Do?* *The Big Bing* will be a mandatory addition to the library of everyone who works for a living, or would like to. For nearly 20 years, Stanley Bing's funny, wise, pleasantly mean-spirited, and at times even useful columns have delighted readers in the pages of *Esquire*, *Fortune* and a variety of other national publications. Bing has lived the last two decades inside the belly of the corporate beast, clawing his way to the top of one of the great multinational companies in the cosmos. And he has seen it all: the high body count after many a gruesome deal, the machine that grinds up the bones of those who stood in its way, the birth and death of executive dinosaurs (and he's had quite a few lunches with some of them, too). The result is storytelling at its best—sophisticated, amusing, and driven by the kind of insight that only a true insider can possess. *The Big Bing* provides a mole's-eye-view of the society in which we all live and work, creating one of the most entertaining, thought-provoking, and just plain funny bodies of work in contemporary letters. Stanley Bing follows his enormously successful *What Would Machiavelli Do?* with another subversively humorous exploration of how work would be different—if the Buddha were your personal consultant. What would the Buddha do—if he had to deal with a rampaging elephant of a boss every day? That is the premise of Stanley Bing's wickedly funny guide to finding inner peace in the face of relentlessly obnoxious, huge, and sometimes smelly bosses. Taking the concept of managing up to a new cosmic plateau, Bing urges no less than a revolution of

the spirit in the American workplace, turning overwrought, oppressed, stressed-out employees into models of Zen-like powers of concentration, able to take their elephant-like bosses and grey, lumbering companies and twirl them around the little finger of their consciousness. In Bing's unique tradition of social criticism cum business self-help, *Throwing the Elephant* presents Four Truths (or possibly Five), a Ninefold Path, and one useful, hilarious guide to workplace sanity, success, and enlightenment that surpasses all understanding, survival.

Photos of men like you've never seen them before: listening (instead of mansplaining), appreciating your crafts, loving your womanly curves, and more! Prepare to enter a fantasy world. A world where clothes get folded just so, delicious dinners await, and flatulence is just not that funny. Give the fairer sex what they really want—beautiful PG photos of hunky men cooking, hanging on your every word, asking for directions, accompanied by steamy captions: "I love a clean house!" or "As long as I have two legs to walk on, you'll never take out the trash." Now this is porn that will leave women begging for more! "Sure to bring a smile to anyone's face and great for a giggle." —The Book *Zombie Praise for Porn for New Moms* "Genius gift idea . . . (I'll be getting one for each of the 10 baby showers I have in the next three months!)" —Glamour Magazine "It's a book we wouldn't mind sharing with every mother we know." —Parenting.com "This new book from Chronicle has got to be my favorite baby shower gift idea this year." —RookieMom.com

In the thirteenth century, Zen master Dogen—perhaps the most significant of all Japanese philosophers, and the founder of the Japanese Soto Zen sect—wrote a practical manual of *Instructions for the Zen Cook*. In drawing parallels between preparing meals for the Zen monastery and spiritual training, he reveals far more than simply the rules and manners of the Zen kitchen; he teaches us how to "cook," or refine our lives. In this volume Kosho Uchiyama Roshi undertakes the task of elucidating Dogen's text for the benefit of modern-day readers of Zen. Taken together, his translation and commentary truly constitute a "cookbook for life," one that shows us how to live with an unbiased mind in the midst of our workaday world.

Everyone has a boss. And anyone who has aspired to move up the corporate ladder knows that their relationship with those they report to is crucial. In *Managing Up* Rosanne Badowski offers a straightforward, entertaining, no-holds-barred account of what it takes to make your relationship with your boss work to your advantage, no matter where you stand in the corporate hierarchy. Told through rich, colorful anecdotes about her years spent working with one of the smartest, most demanding and dynamic business leaders of the twentieth century, legendary GE CEO Jack Welch, Badowski reveals the secrets to career success she has gleaned over the years. At heart, it's about working with the person above you to create a productive and effective partnership. Everyone is a manager, in one way or another, Badowski points out. She discusses first-hand what it's like to have to be a mind reader, to anticipate the future, to plan for the unexpected, and to perform the impossible. With refreshing candor and a hint of attitude, Badowski's advice is unlike any other. She advises us that "Impatience is a virtue," to "Have no shame," and to "Beware the too-quiet office." Having worked in one of the most challenging, high-profile corporate environments anywhere, no one knows more about prioritizing, about making decisions on behalf of your boss, about sifting through a daily barrage of data and information, about multitasking at warp speed, and exhibiting grace under fire. Ultimately, Badowski says, excelling at what you do is about a shared passion for the job. *Managing Up* is an invaluable guide for managing your career and juggling responsibilities with finesse and confidence. It should become a management bible for anyone hoping to get ahead in their profession.

Bran Slocum stands out from the moment he arrives at Ridgewood High, with his oddly unfocused eye and his unusual mode of dress. The immediate target of bullies, he seems

strangely aloof and untouched. Sixteen year old Molly Pepper, herself an outsider, is intrigued by his attitude and sets out to befriend him, persuading her best friend David to join her in reaching out to him. Molly and David begin to see that Bran is hiding some sort of secret, but they have no idea how shocking the secret is until the truth hits Ridgewood in headlines that put Bran and his new friends in terrible danger, as the whole town turns against them. Events spin out of control and fear spreads like a deadly contagion. Their friendship deepening as they face the plague of hatred together, Bran, Molly and David can only hope they will be able to stand against it.

Build vital connections to accelerate your career success Managing Up is your guide to the most valuable 'soft skill' your career has ever seen. It's not about sucking up or brown-nosing; it's about figuring out who you are, who your boss is, and finding where you meet. It's about building real relationships with people who have influence over your career. Managing up is good for you, good for your boss, and good for the organization as a whole. This book gives you strategies for developing these all-important connections and building more than rapport; you become able to quickly assess situations, and determine which actions will move you forward; you become your own talent manager, and your boss's top choice for that new opportunity. As a skill, managing up can do more for your career than simply 'networking' ever could—and this book shows you how. Real-world strategies give you a set of actionable steps, supplemented by expert advice from a top leadership consultant that helps you get on track to advancement. It's never too early or too late to start adjusting your alignment, and this book provides the help you need to start accelerating your trajectory. Develop robust relationships with influential people Enhance your self-awareness and become more adaptable Gain new opportunities and accelerate your career Stop 'schmoozing' and develop true, lasting connections Managing up helps you build the sort of relationships that foster more communication, collaboration, cooperation, and understanding between people at different levels of power, with a variety of perspectives and skills. This type of bridge-building builds your reputation for effectiveness and fit, so you can start skipping rungs on the ladder as you build a strong, successful career. Managing Up is your personal manual for building this vital skill so you can begin building your best future.

Anna is dreading another tourist-filled summer on Dune Island that follows the same routine: beach, ice cream, friends, repeat. That is, until she locks eyes with Will, the gorgeous and sweet guy visiting from New York. Soon, her summer is filled with flirtatious fun as Anna falls head over heels in love. But with every perfect afternoon, sweet kiss, and walk on the beach, Anna can't ignore that the days are quickly growing shorter, and Will has to leave at the end of August. Anna's never felt anything like this before, but when forever isn't even a possibility, one summer doesn't feel worth the promise of her heart breaking....

Likening Rome to an ancient multi-national corporation, the author of Sun-Tzu Was a Sissy shares a case study of how its civilization was marked by brutal consolidations, a prosperous family business, managerial infighting, and other factors reminiscent of those in today's professional world. Reprint.

A New York Times bestseller: "A passionate and convincing case for the sophistication of nonhuman minds." —Alison Gopnik, *The Atlantic* Hailed as a classic, *Are We Smart Enough to Know How Smart Animals Are?* explores the oddities and complexities of animal cognition—in crows, dolphins, parrots, sheep, wasps, bats, chimpanzees, and bonobos—to reveal how smart animals really are, and how we've underestimated their abilities for too long. Did you know that octopuses use coconut shells as tools, that elephants classify humans by gender and language, and that there is a young male chimpanzee at Kyoto University whose flash memory puts that of humans to shame? Fascinating, entertaining, and deeply informed, de Waal's landmark work will convince you to rethink everything you thought you knew about animal—and human—intelligence.

This book makes a strong case for free schooling, comparing the mind of Albert Einstein - who said much - to Zen conscious practice, which says little but encompasses everything. Examining the work of brain researchers, neuroscientists, physicists, and other scholars to illuminate the commonalities between Einstein's thought and the Zen practice of paying attention to one's present experience, the book reveals their many similarities, showing the development of self-direction as a key to fostering compassionate consideration of others and to harmonious, semi-effortless learning and living. Examples demonstrate that students who choose to study what is interesting, remarkable, and important for them tend to become more like Einstein than students with the rigid school curricula; students who are free to learn often demonstrate empathy, and less rigid rule-following, while involved in the process of imaginatively becoming their own oracles and self-educators.

Show Me How is a revolutionary reimagining of the reference genre, one part how-to guide, one part graphic art showpiece, and one part pure inspiration. In a series of 500 nearly wordless, highly informative step-by-step procedurals, readers learn how to do hundreds of useful (and fascinating and important and sometimes downright bizarre) tasks, including: Perform CPR, dance the tango, pack a suitcase, win a bar bet, play the blues, make authentic sushi rolls, fight a shark . . . and 493 more essentials of modern life. Packed with useful hands-on reference material, Show Me How is a work of art that just happens to also be an indispensable real-life resource. Visit [showmenow](#)

The Book of Equanimity contains the first-ever complete English language commentary on one of the most beloved classic collections of Zen teaching stories (koans), making them vividly relevant to spiritual seekers and Zen students in the twenty-first century. Continually emphasizing koans as effective tools to discover and experience the deepest truths of our being, Wick brings the art of the koan to life for those who want to practice wisdom in their daily lives. The koan collection Wick explores here is highly esteemed as both literature and training material in the Zen tradition, in which koan-study is one of two paths a practitioner might take. This collection is used for training in many Zen centers in the Americas and in Europe but has never before been available with commentary from a contemporary Zen master. Wick's Book of Equanimity includes new translations of the preface, main case and verse for each koan, and modern commentaries on the koans by Wick himself.

The scholarly discipline of Bullshit Studies has blossomed in the last several years, fertilized by a number of critical works on the subject and the growing importance of the issue across a wide range of professions. Now, best-selling author and lifelong practitioner Stanley Bing enters the field with a comprehensive look at the many attractive jobs now available to those who are serious about their bullshit and prepared to dedicate their working life to it. What, Bing inquires, do a feng shui consultant, new media executive, wine steward, department store greeter, and Vice President of the United States have in common? What, too, are the actual duties performed by a McKinsey consultant? Other than sitting around making people nervous? Could that possibly be his core function? Likewise, what does an aromatherapist actually do, per se? Sniff things and rub them on people, for big fragrant bucks? Is that all? The answer in all cases is "Yes." They all have bullshit jobs. These few, of course, are just the beginning. Across the length and breadth of this shrinking globe, skillful bullshit artists have secured pleasant, lucrative employment, and are enjoying themselves more than

you are. In virtually every occupation, from Advertising to Yoga Franchising, lucky individuals who "work" in these coveted positions enjoy the best lives imaginable -- they are paid well, they rarely break a sweat, and their professions are highly respected, because nobody really knows what they do. At once funny, useful, and tolerably philosophical, this groundbreaking work takes a close look at 100 bullshit jobs -- the money they bring with them, the actual tasks and activities involved (if any), and famous and successful examples of each position, who will provide the neophyte with inspiration. Most crucially, Bing goes on to offer what others so far have not--a clear, concise strategy to help job-seekers at every level reach for that brass ring, knowing full well that it may be attached to the nose of a bull.

Since the latter part of the century just past, Stanley Bing has been exploring the relationship between authority and madness. In one bestselling book after another, reporting from his hot-seat as an insider in a world-renowned multinational corporation, he has tried to understand the inner workings of those who lead us and to inquire why they seem to be powered, much of the time, by demons that make them obnoxious and dangerous, even to themselves. In *What Would Machiavelli Do?*, Bing looked at the issue of why mean people do better than nice people, and found that in their particular form of insanity lay incredible power. In *Throwing the Elephant: Zen and the Art of Managing Up*, he offered a spiritual path toward managing the unruly executive beast. And in *Sun Tzu Was a Sissy*, he taught us how to become one of them, and wage war on the playing field that ends in a dream home in Cabo. Now he returns to his roots to offer the last word on the entity that shapes our lives and stomps through—and on—our dreams: *The Crazy Boss*. Students of Bing—and there are many, secreted inside tortured organizations, yearning for blunt instruments with which to fight—will note that he has walked this ground before, looking for answers. In 1992, he published the first edition of *Crazy Bosses*, which was fine, as far as it went. Now, some 15 years and several dozen insane bosses later, he has updated and rethought much of the work. Back in the last century, Bing was a small, trembling creature, looking up at those who made his life miserable and analyzing the mental illness that gave them their power. Today, while still trembling much of the time, he is in fact one of those people his prior work has warned us against. His own hard-won wisdom and now institutionalized dementia make this new edition completely fresh and indispensable to anyone who works for somebody else or lives with somebody else, or would like to. In short, Bing is back on his home turf in this funny, true, and essential book, peering with his keen and frosty eye at the crazy boss in all his guises: the Bully, the Paranoid, the Narcissist, the Wimp, and the self-destructive Disaster Hunter. If you loved the original, classic *Crazy Bosses*, you'll be thrilled to plunge back into the new, refurbished pool. If you are new to the book, strap yourself in: it's going to be a crazy ride.

"Somebody comes into the Zen center with a lighted cigarette, walks up to the Buddha statue, blows smoke in its face, and drops ashes on its lap. You are standing there. What can you do?" This is a problem that Zen Master Seung Sahn is fond of posing to his American students who attend his Zen centers. *Dropping Ashes on the Buddha* is a delightful, irreverent, and often hilariously funny living record of the dialogue between Korean Zen Master Seung Sahn and his American students. Consisting of dialogues, stories, formal Zen interviews, Dharma speeches, and letters using the Zen Master's actual words in spontaneous, living interaction with his students, this book is a fresh

presentation of the Zen teaching method of “instant dialogue” between Master and student which, through the use of astonishment and paradox, leads to an understanding of ultimate reality.

A blueprint for a life of mindfulness, dedicated to the easing of suffering both for oneself and for others The story of Shakyamuni Buddha’s epic journey to enlightenment is perhaps the most important narrative in the Buddhist tradition. Tenzin Chögyel’s *The Life of the Buddha*, composed in the mid–eighteenth century and now in a vivid new translation, is a masterly storyteller’s rendition of the twelve acts of the Buddha. Chögyel’s classical tale seamlessly weaves together the vast and the minute, the earthly and the celestial, reflecting the near-omnipresent aid of the gods alongside the Buddha’s moving final reunion with his devoted son, Rahula. *The Life of the Buddha* has the power to engage people through a deeply human story with cosmic implications. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

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